

[PRINT ON LETTERHEAD IF POSSIBLE. OTHERWISE, INCLUDE ADDRESS AT TOP OF LETTER.]

[DATE]

The Honorable [FIRST AND LAST NAME]  
[FULL ADDRESS OF CLOSEST DISTRICT OFFICE]

Dear [CONGRESSMAN or CONGRESSWOMAN] [LAST NAME]:

[ORGANIZATION NAME] invites you to visit our facility during your August work period to see the impact community-based doulas are having on [COMMUNITY NAME]. Over the past [X] years, we have helped [NUMBER or ESTIMATE] underserved, local families with pregnancy, birth and the first months of parenting. As a result, the mothers we assist are more likely to exclusively breastfeed and are less likely to undergo c-sections, which means healthier babies here in [COMMUNITY NAME] and reduced healthcare costs. We would like you to see this life-changing work firsthand and meet some of our incredible community-based doulas.

Your visit will also help us celebrate a recently completed study, which found that the congressionally supported Community-Based Doula Program – a federal pilot based on the same program we use here in [COMMUNITY NAME] – was determined to be a great success. In fact, the expert panel that conducted the study, including representatives from multiple federal health agencies, recommended that the Community-Based Doula Program become an integral part of our country’s maternal and infant care system. Like our program, the study found that mothers were more likely to breastfeed for longer periods of time and less likely to need c-sections. I have included information about the study with this letter.

We hope you can visit us to see this work in action, right here in [COMMUNITY NAME]. You will see the powerful peer-to-peer connections that occur when a trained, employed woman from a new mother’s neighborhood guides her through pregnancy, birth and early parenting. And you will see how those connections create better health outcomes for babies, which means children better prepared for success and reduced taxpayer costs for all Americans.

Community-based doulas have been around for thousands of years. But we now have a federally-funded study showing that our community-based doula program is a proven way to reduce the health disparities here in [COMMUNITY]. We are excited to share this work with you.

Please contact [NAME AND CONTACT INFO] for more information on your visit.

Sincerely,

[NAME]